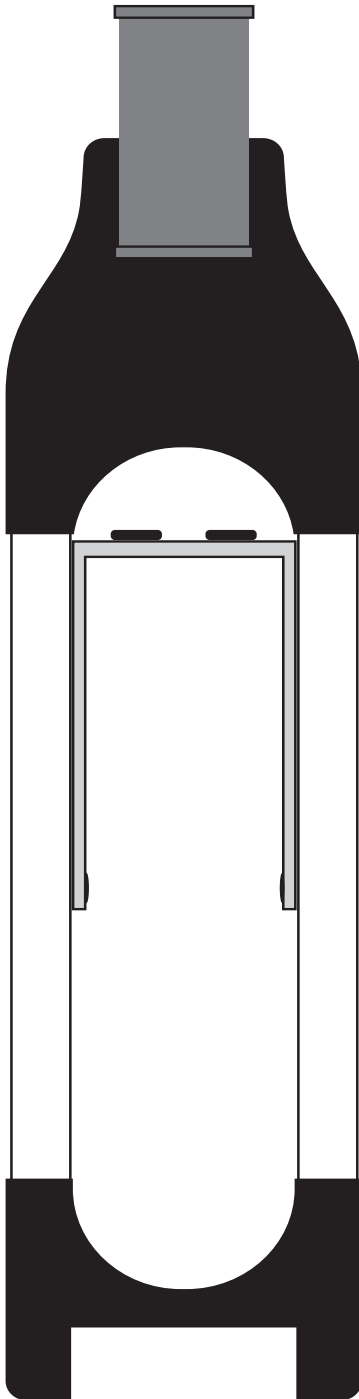


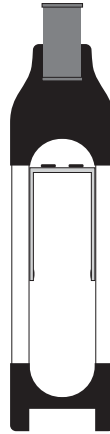
M1 Tablet Arm Kit

Parts Included

- A 1x M1 Tablet Arm Assembly (includes Phone Holder)
- B 1x Forward Riser Cap (Tablet Arm Variant)
- C 1x Tablet Arm Bracket Set (1 Left and 1 Right)
- D 1x M1 Kickstand Pad
- E 2x 5mm Allen Key
- F 2x Adhesive Cable Retainers
- G 2x 1/4- 20" JCN
- H 2x 1/4- 20" JCB
- I 4x Push Rivet



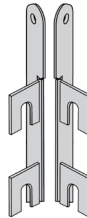
A



B



C



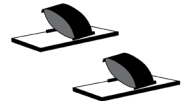
D



E



F



G



H

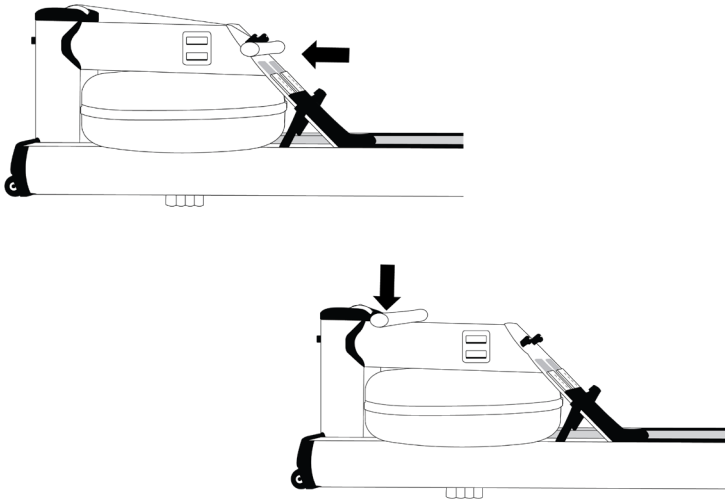


I

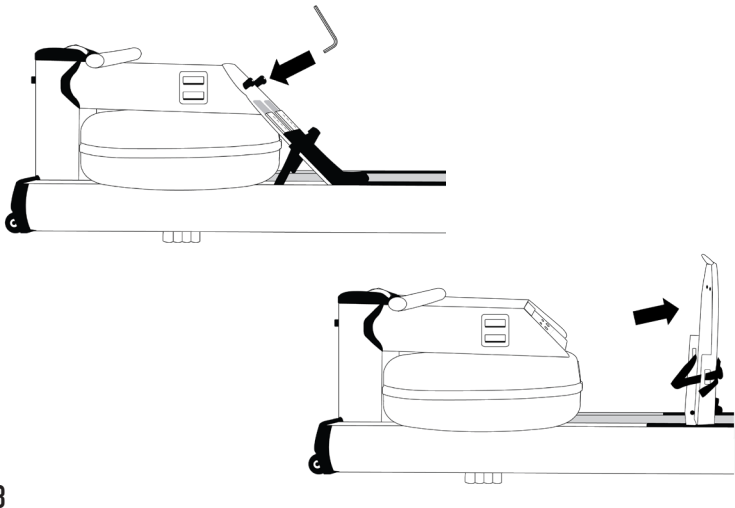


INSTALLING THE TABLET ARM

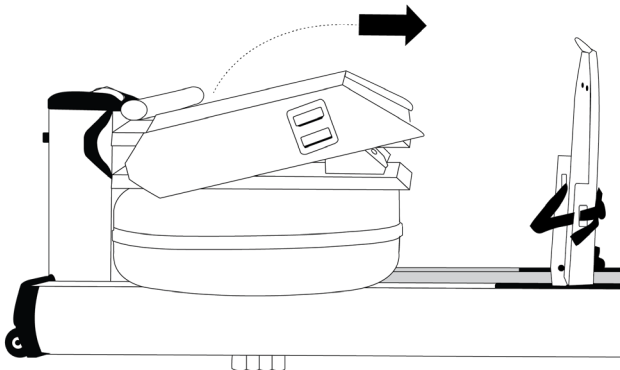
1
Place the handle on the forward riser.



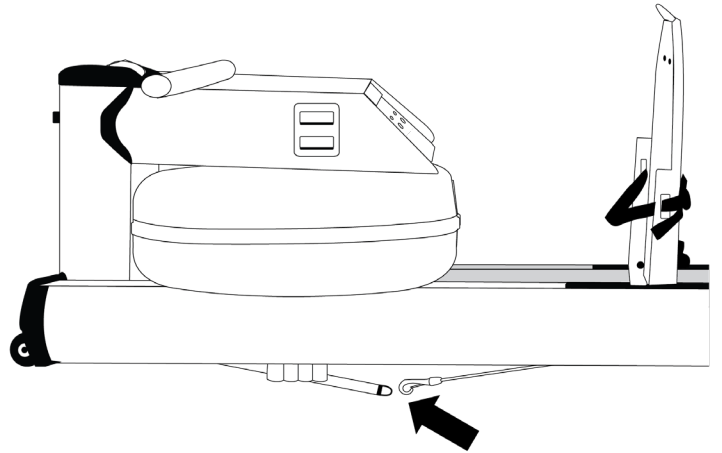
2
Remove the handle rests using a 5mm Allen Key, then rotate the footboard away from the tank.



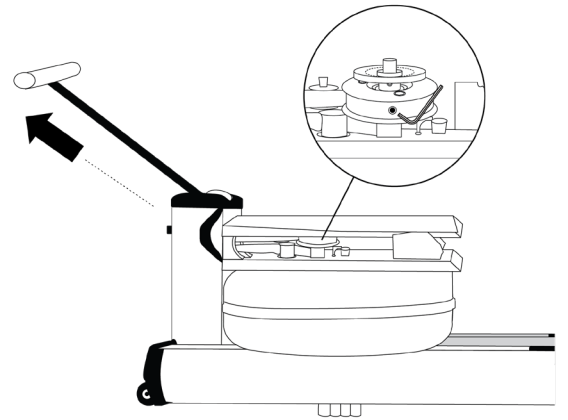
3
Remove the tank cover by sliding it backwards in an angled fashion away from the tank assembly.



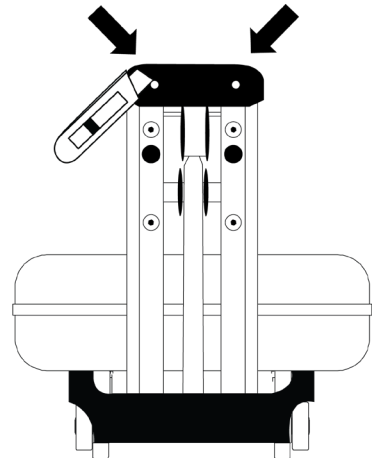
4
Undo the bungee from the recoil belt.



5
Pull the handle so that it unravels from the clutch fully, then use a 3mm Allen key to remove the screw from the clutch. Remove the remainder of the handle strap from the machine.

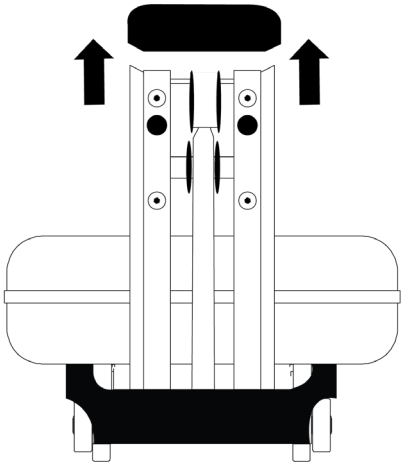


6
Using a utility knife, remove and dispose of the the black plastic rivets from the forward riser cap.



7

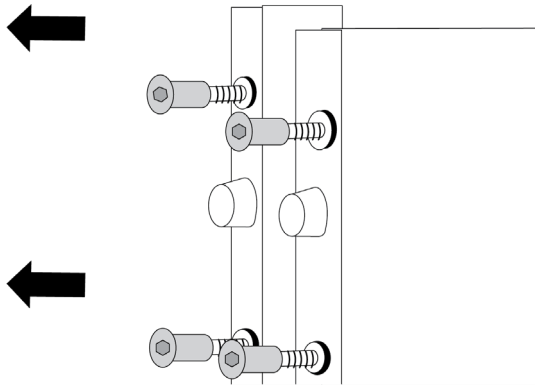
Remove the forward riser cap.



8

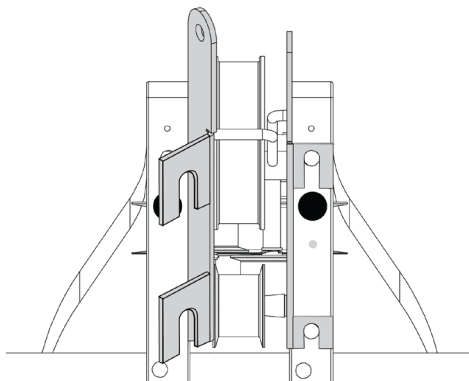
Using a 5mm Allen key, loosen the tie rods 2-3 revolutions.

Note: Do not fully unscrew or remove the tie rods.



9

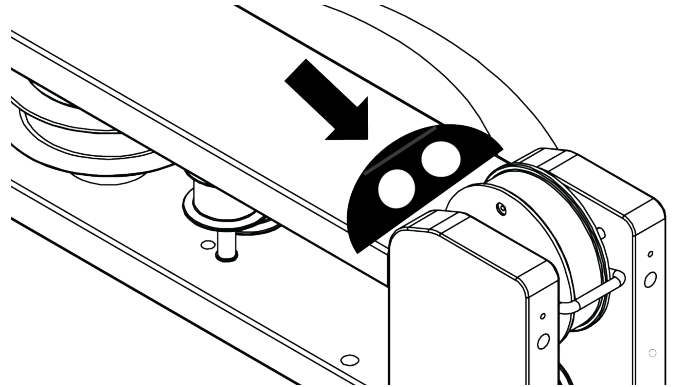
Slide the tablet arm brackets onto the forward riser and hook them onto the tie rods, ensuring the corner of the brackets are on the inside of the forward riser. Using a 5mm Allen Key, secure the tablet arm brackets by re-tightening the tie rods. You may have to hold the bracket in place while re-tightening the tie rods.



10

Loosely place the kickstand pad between the forward riser and top deck. Do not press it down or snap it into place.

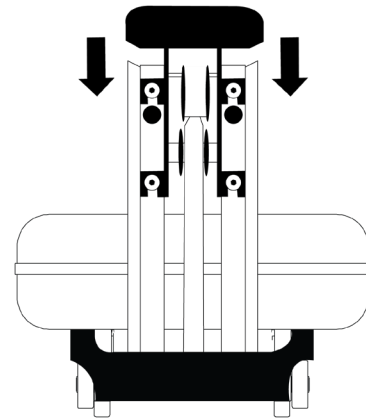
Note: If the kickstand pad does click into place, reach below the top deck and press upwards on the kickstand pad to release it.



11

Place the new forward riser cap on top of the forward riser.

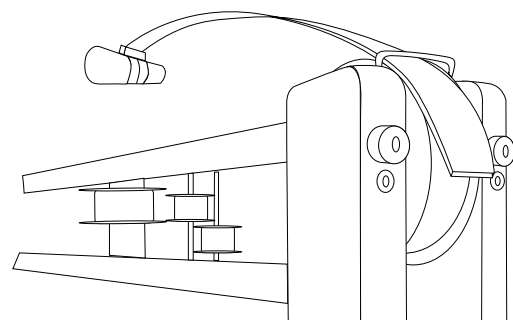
Note: Do not install snap rivets yet.



12

Ensuring that the handle is facing the correct way, pass the strap of the handle assembly over the large pulley in the Forward Riser as shown. Ensure the strap does not have any twists in it.

Note: To ensure the handle is facing the correct way, check to see that the rivet-side of the handle itself is facing down towards the footboard.

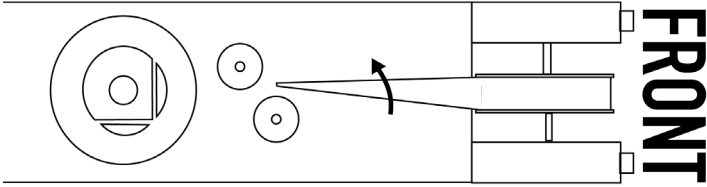


INSTALLING THE TABLET ARM

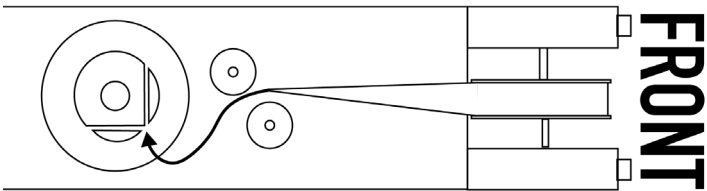
13

Attach the handle strap to the clutch using the following steps:

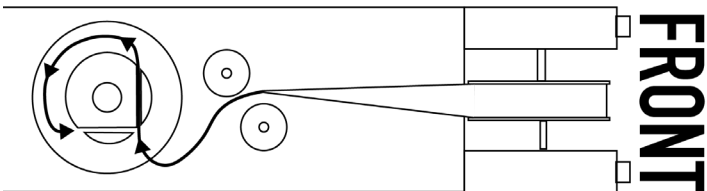
- a. Rotate 90 degrees from you and thread through the guide pulleys...



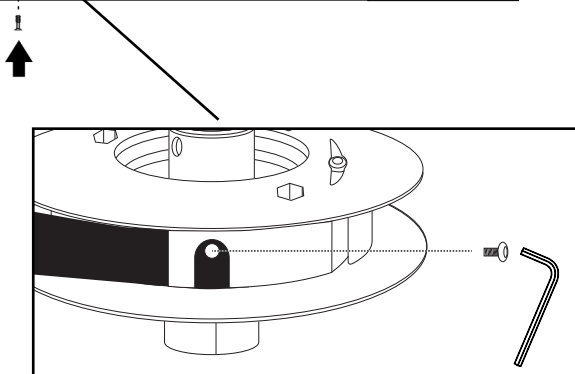
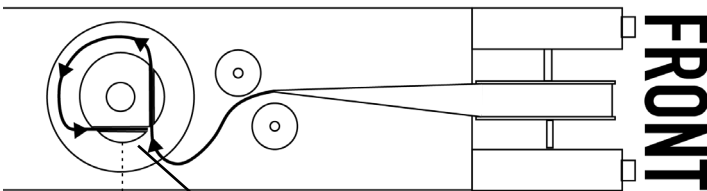
- b. Feed the end of the strap through the slot in the clutch...



- c. Loop the strap around the clutch, then insert into handle bolt slot...



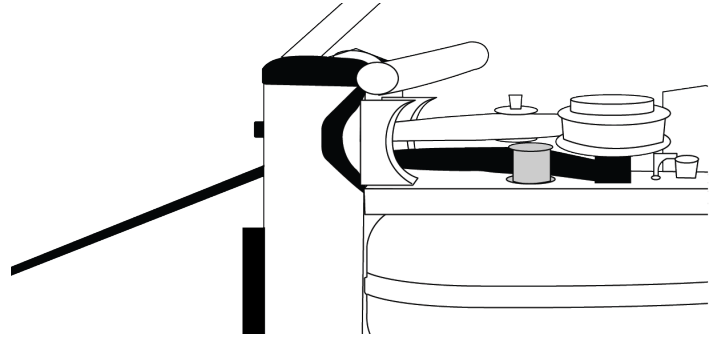
- d. Install the handle bolt in the clutch with a 3mm Allen Key.



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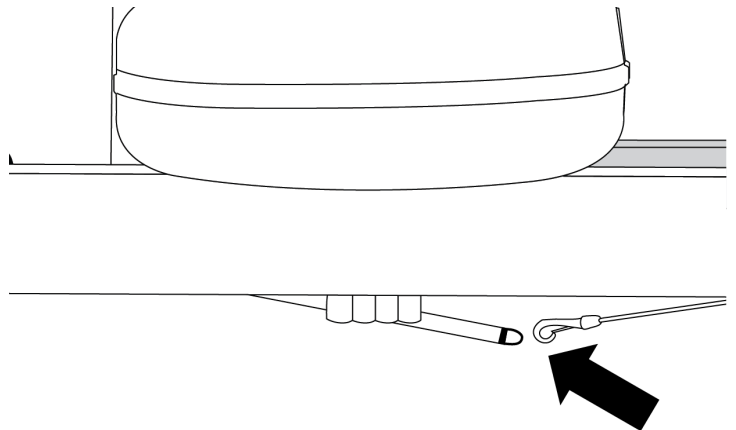
14

With the handle in the full forward position, it is important that the Recoil Belt wraps around the Recoil Bush one and a half times. Once this is so, pass the Recoil Belt inside (towards the center of the machine) the Recoil Belt guide pulley (the lower of the two guide pulleys) and over the two smaller pulleys in the Forward Riser. Pass the belt underneath the machine towards the bungee.



15

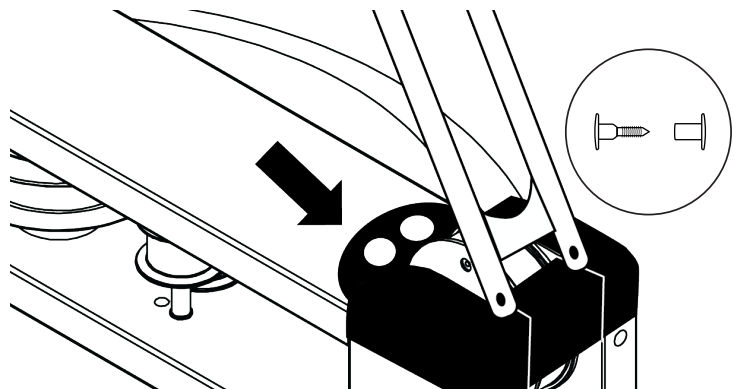
Re-attach the recoil belt to the bungee.



16

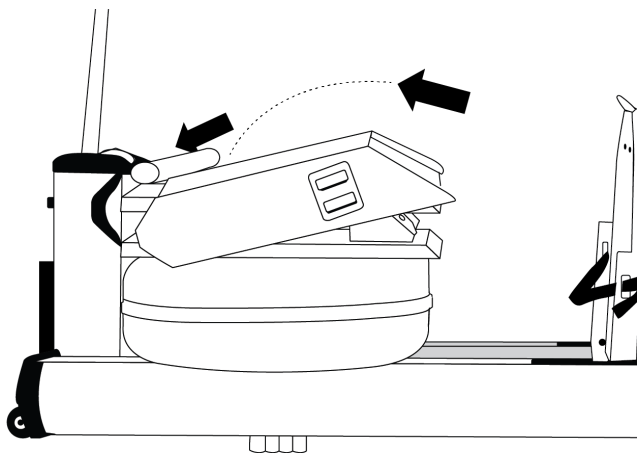
Place the tablet arm on the top deck and align the pivot holes with the tablet arm brackets. Using a pair of 5mm Allen Keys, install and tighten the provided JCN and JCB hardware.

Note: Be sure the "This side up" sticker is visible.



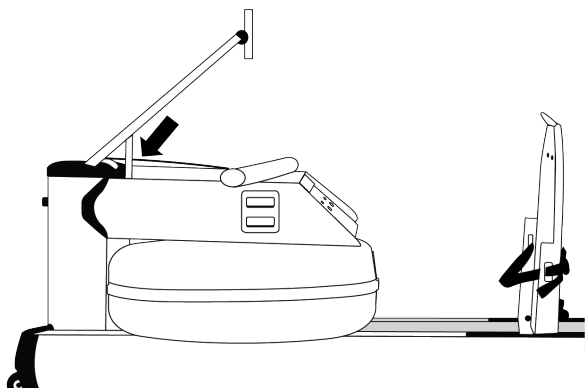
17

While holding the kickstand pad up to provide clearance, replace the tank cover by sliding it forwards in an angled fashion towards the front of the rower.



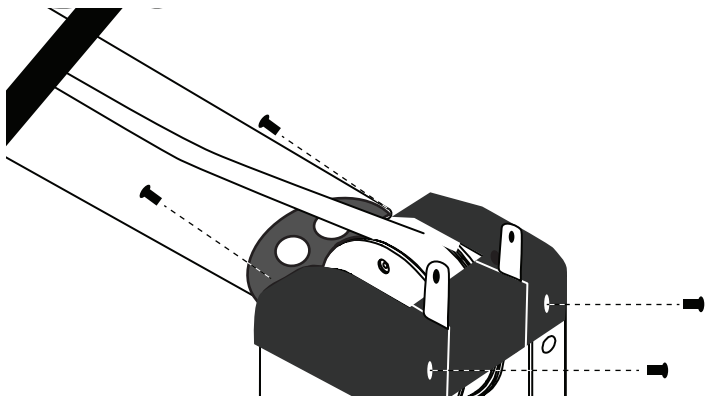
18

Once the tank cover is in its normal position, press on the kickstand pad so that it audibly “clicks” into place. Then, rotate the kickstand of the tablet arm outward and rest the tablet arm on the kickstand pad.



19

Install the 4 provided push rivets to secure the cap to the forward riser.



20

Rotate the top of the footboard towards the front of the rower. Using a 5mm Allen Key, reinstall the handle rests. Tilt the phone holder into position and enjoy!

Note: Remember to remove the “This side up” sticker.

